

SANA: Self-Achievement through Nursing Art

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Faith

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Faith		
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Faith

They say that something is not normal

My fetus has abnormal anatomy, a worrying sign

As a midwife, I know what this means

It is difficult to bond

We have to make decisions about more tests

The tests are more emotionally than physically painful

The heartbeat is still there, every day I wonder if it is beating

It is difficult to bond

We don't talk about the baby

My providers don't know what to say

One doctor gives me hope

It is difficult to bond

I can feel the baby move, it is getting stronger

Now, the anatomy looks normal but survival is uncertain

There is a 20% chance that the baby is structurally normal

It is difficult to bond

Labor starts and stalls

My body wants to meet this baby

My heart and soul are petrified

Inside, the baby is safe, what happens next

I cannot let go, afraid of the outcome

It is difficult to release

I need to allow my body to do what it knows how to do

Submit, relent, surrender

She is here

She is perfect

Grateful that my faith is greater than my fear