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Through the Eyes of our Elders

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Through the Eyes of our Elders

I enter this space to be healed.
I look to you as my saving grace.
You see me as a checklist to conquer before moving to the next.
You leave me wanting more.
I seek to replace.

I know my worth, my value, and my needs.
I have lived my story and long for you to understand it.
But you don't ask; you just treat with no regard to the 'who' behind the words on the page in front of you.
You leave me wanting more.
I seek to replace.

I enter this space to be healed.
I am embraced.
I am given a voice in my own care.
Our relationship evolves as we become a team.
Our team is powerful; you and me.
You ask about me to understand what is most important and how my days can be best lived.
We embrace my vulnerability together and shift my energy expenditures to empowerment.
I am fulfilled.

I am living my best life.
And, I have you, my dear health care provider, at my side.
A social relationship has formed.
A bond that lifts me to new heights in my well-being.
You understand my story and share a passion for me to be the best me I can be.

You care for me.
You embrace me.
You empower me.
I can age with grace and dignity.
You matter...I matter...and, together 'We' matter to me.