

SANA: Self-Achievement through Nursing Art

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Poems

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COVID 19

The world knows who will stand, hold your hand, gown tied on backwards. Checking your safety from both sides of your metal caged-in bed rails. After you push the call button. after she heard it, she comes to you gasping for breath you're not ready for death. She straightens your twisted nasal oxygen tube, evaluates how deep the blue of your face, of your lips may be. He wears a worn mask, having given the fresh one to his colleague with children. They agree to page docs scattered all over seven floors up, who decide which electrolytes, what number of drops to drip, so hearts don't stop. Your left arm puffy, she restarts your IV. They see you breathe, He takes a pulse while holding your hand, continues to count. She hears more bells, coughing sounds mount. She prays while treading over taught electrical cords, ventilators arrive, hopes staff can split them in half, to keep more patients alive. The world knows they want an ICU nurses at their bedside.

Nancy Kerrigan M.S., APRN., B.C.

Pandemic Prayer

I pray today with Churches closed with Temples torn with Mosques locked to again be infected with people. To risk a goodnight kiss, to shake an ungloved stranger's hand, to share a hug close enough to sniff the hugger's breath from food eaten in company. To again lie next to a warm body.

I pray this day all of future reality is not virtual. May we bury our dead with dignity; not pile them up like human logs in freezer trucks. May we give them a proper send off, surround them with family, with friends telling intimate stories. We may even add blaring trumpets to announce their coming, their going.

Isolation will not save Humanity; we must.

Nancy Kerrigan M.S., APRN.B.C.

The Unspoken

Wearing black pointed rhinestone glasses dangling from rope cords well past her bosom, I hear her before I see her. I know she checks her watch before she begins. Roman numeral I, type, type, type. She reaches for the carriage bar. The electric machine dings. I'm late for my first evening class as a part-time University instructor. I climb the spiral staircase two stairs at a time up to the school. This lone secretary's desk at the entry is my goal.

She checks her watch before allowing herself a break. Returns on time, adjusts her desk chair upward to get above the task. Type, type, type. She slaps the carriage bar. The machine dings. She inputs roman numeral II. Continues, type, type, type, enters roman numeral III. Type, type, type. Continues typing, with each page the sound is more like machine gun fire as I stand in what feels like war zone, with emergency sirens going off in my brain until page IV. Silence reigns.

It's as if she's under a spotlight when I rush towards her. She hands me all four pages of my promised syllabus—typed, single spaced-- in gibberish. Not one intelligible word on all letter-size sheets. Paragraphs marked by roman numerals. My mouth open. No sound comes out. I only recall her as female. She reaches across the desk bare arm jaundiced under the fluorescent light, shoves my gibberish towards me, enunciating ever so clearly:

We don't type for our faculty.

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